

A composite image for the top half of the slide. The left side shows a stack of papers with a blue tint. The right side shows a clock face with a purple tint. A black-bordered box is overlaid on the center.

# Running Start Orientation

A composite image for the bottom half of the slide. The left side shows a stack of papers with a green tint. The right side shows a clock face with a yellow tint. A black-bordered box is overlaid on the center.

## 2019

# What is Running Start?

- A dual credit partnership between High Schools and Community Colleges
- Paid for by the State Legislature
- Allows 11<sup>th</sup> and 12<sup>th</sup> graders to earn up to 15 College credits per quarter (pays for tuition only)





You can enroll in...

- 15 College credits maximum

OR

- less college credits/classes when also enrolled in JHS &/or EPS OnlineHS classes
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# What's the cost?

■ State Legislature pays course tuition

■ You pay:

- Fee for placement test
- Per credit fee (varies with each school)
- Lab fees
- Books
- Transportation costs
- Parking permits
- Meals
- Any additional class fees, if applicable, depending on the class





# Allocation this year

**Running Start Funding Limit Table**

Enrolled high School		Available College	
# of classes	FTE	Max Allowed FTE	Max Credits
1	0.18	1.02	15
2	0.36	0.84	12
3	0.54	0.66	10
4	0.72	0.48	7
5	0.90	0.30	4
6	1.00	0.20	3

High School Only Student		Maximum Tuition Free College Credits	High School and Skills Center Student				Maximum Tuition Free College Credits	Skills Center Only*	Maximum Tuition Free College Credits
# of classes	HS FTE		# of HS classes	HS FTE	Skills Center*	Combined FTE			
1	0.18	15	1	0.18		0.72			
2	0.36	12	2	0.36		0.90			
3	0.54	10	3	0.54	0.54	1.08			
4	0.72	7	4	0.72		1.26	0.54	10	
5	0.90	4	5	0.90		1.44			
6	1.00	3	6	1.00		1.54			

\*Sno-Isle Skills Center always claims an FTE of .54

# Running Start Student Qualities



- Have at least 12 High School credits
- Be responsible
- Highly motivated
- Mature
- Organized
- Focused
- **Committed to starting a college transcript with no lower than A/B grades** (*per 4 yr colleges*)





# Are College courses hard?

- They ARE challenging.
  - *Remember that you will be working with College age students!*
- Courses are faster paced and require more outside study
- Expect about 2 hrs of homework for each hour of instruction
  - *For example, a full time student (15 college credits) would expect about 45 hours per week of studying & attending classes*



# Where can I attend?

- Any Washington State Community College

- The closest colleges are:

- Everett Community College
- Edmonds Community College
- Cascadia College
- Shoreline Community College
- Bellevue College
- Lake WA Institute of Technology







# What classes can I take?

- Funds will ONLY cover courses that are 100 level or above
- Courses that meet your JHS graduation requirements and courses leading to future career goals and/or 2- year Associate degree
- ☞ meet with R/S advisor for planning of transfer degree

# Semesters vs. Quarters:

- JHS

<b>Fall Semester</b>	<b>Spring Semester</b>
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- Community College

<b>Fall Quarter</b>	<b>Winter Quarter</b>	<b>Spring Quarter</b>
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Here's the difference in credits  
between CC's and JHS...

■ Community College = 5.0

Vs.

■ JHS = 1.0

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A 5.0 credit CC class  
is equal to  
1.0 JHS credit





## How do I choose classes?

- The **Running Start Advisor at the CC** will help you plan your college courses, complete registration, and build your schedule
- **Your JHS Counselor** will answer general questions about what college courses are needed to meet JHS graduation requirements



## STEP 1: Which College?

- Make a decision on which Community College to attend through Running Start Program:
  - Go to website and take a “virtual” tour and review the current year course schedule & catalog
  - Visit the campus in person to determine distance, commute time, and fit



## STEP 2: APPLY

- **Complete the Community College application** online
  - *College major... indicate 'Running Start'*
- ***Applications open in March*** for the following school year
- **Meet application deadlines** (varies between colleges, check deadlines on college website)
- Complete the Running Start checklist for whatever college you decide to apply





# STEP 3: Eligibility

- Placement requirement to determine eligibility:
  - Obtain SBA scores (score of 3 or above meets placement)
  - No SBA scores? Obtain PSAT scores if the College uses PSAT cutoff score for placement
  - No SBA or PSAT scores? Obtain transcript to determine grade criteria
- If none of the above, contact testing center at the Community College to take placement exam

# Where to Obtain SBA or PSAT Scores

- For SBA scores see:

Mrs. Soma, Testing Success Coordinator, room C-202 or 425-385-7037



- For PSAT Scores

Go to:

Collegeboard.org PSAT scores to access & obtain those scores




A vertical stack of four images on the left side of the slide. From top to bottom: a clock with a blue face and black hands on a red background; a clock with a yellow face and black hands on a blue background; a stack of books with a green cover on a yellow background; and a stack of books with a blue cover on a red background.




# Applications for Fall Quarter of Next School Year

- Check each College Website for their Application Dates and Orientations
- All colleges require you to complete an online *or* in-person Orientation before registering for classes
- It is **your** responsibility to access this information - R/S implies you are more independent





# JHS Requirements to become a Running Start Student

1. Complete your chosen **Community College Application** online
  2. Submit **SBA exam, transcript, or PSAT** results to the Community College to determine Running Start eligibility
  3. Bring in to your Counselor:
    - **Placement confirmation** from CC
    - **JHS Running Start Signature Page** (pink form)
    - After acceptance into RS, the **Enrollment Verification Form must be completed each quarter** (classes you are enrolling at the college)
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## Running Start Program

### Signature Page

"I have read the "Running Start Program" information which I received, and I have discussed the program with my parent/guardian and my counselor at H. M. Jackson High School. I understand what is required of me and will complete all required steps with my counselor to take appropriate classes at the community college I have chosen to attend."

Student Name *(please print)*

Student ID #

E-Mail Address

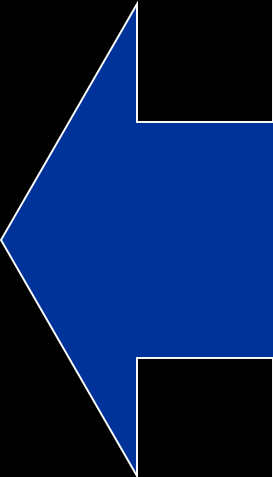
Daytime Phone

Student Signature

Date

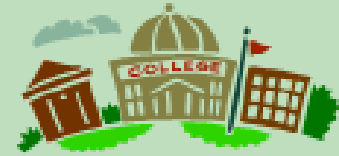
Parent Signature

Date



Turn in this paper to your counselor ~ so that she/he knows how to get in touch with you.

# Running Start Planning Form



## Community College Schedule

Fall Quarter (Sept. - Mid Dec.)

Winter Quarter (Jan. - Mid March)

Spring Quarter (April - Mid June)

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Total R.S. Credits = \_\_\_\_\_

## High School Schedule

Fall Semester (September - Mid December)

Spring Semester (January - Mid June)

Give a copy of this sheet to your JHS Counselor so that he/she knows what your plan is, and so that he/she can schedule Running Start into your JHS schedule at the correct time!

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Total High School Credits = \_\_\_\_\_

# Running Start Application



## WHAT IS RUNNING START?

*Running Start is a partnership between Everett Community College and high schools that provides juniors and seniors the chance to take approved college-level courses tuition free. Students can apply earned credits toward both high school graduation and future college degrees. Some students can complete as much as two years of their college education, tuition free.*

## HOW DO I QUALIFY?

### APPLICANTS FOR RUNNING START MUST:

- Be under 21 years of age.
- Be enrolled as a junior or senior in a Washington public high school.
- Not have earned enough credits for a high school diploma as of the beginning of their senior year.
- Meet college eligibility requirements of high school GPA of 2.5 or greater and acceptable scores on college placement tests.

### Private high school and Homeschool students:

To participate in Running Start, private high school and home-school students must first enroll in the public school district in which they reside.

## APPLICATION PROCESS

To apply for Running Start, complete the following steps. Please note each quarter has application deadlines.

1. Discuss Running Start with your high school counselor and parent or guardian before deciding whether to apply.

2. Complete the Running Start Application and mail or bring it to Everett Community College Enrollment Services Office, along with an official copy of your High School transcript:

Everett Community College  
Running Start Coordinator  
2000 Tower Street  
Everett, WA 98201-1390

Application deadlines\* are:

Fall Quarter ..... May 1  
Winter Quarter ..... November 1  
Spring Quarter ..... February 1

- \* or the first business day following the deadline listed if it falls on a weekend. The materials **must arrive** in the Enrollment Services Office by the application deadlines listed above.

3. Shortly **after** you apply, the Running Start coordinator at EvCC will notify you of the placement test dates and times. A \$25 fee will be assessed when the test is administered.

Since only college-level classes are available under Running Start, applicants must demonstrate the ability to benefit from college classes through satisfactory high school grades and satisfactory scores on the college's placement tests.

4. If you are accepted into the program, you and your parent or guardian will receive an invitation to a **Running Start Orientation**. This orientation is **mandatory** (no exceptions). The orientation will give you the opportunity to pose any questions you might have before making your final decision to register for classes. You will receive your registration appointment after the orientation.

5. An Enrollment Authorization Form, signed by the student's parent/guardian and high school counselor, is required before quarterly registration will be allowed.

## THIS APPLICATION IS FOR:

- Fall quarter, 20\_\_\_\_  Spring quarter, 20\_\_\_\_  
 Winter quarter, 20\_\_\_\_

## Name of High School currently enrolled:

\_\_\_\_\_ graduation year \_\_\_\_\_

**Have you ever applied for or attended classes at EvCC?** (including Running Start, College in the High School, Continuing Education)  Yes  No

Are you a US Citizen?  Yes  No

If No, what type of visa do you have:

- Refugee (RF)  Visitor (B)  Student (F-1 or M-1)  
 Other  Resident Alien/Immigrant (# \_\_\_\_\_)

**Have you lived in the state of Washington continuously for the past twelve months?**

Yes  No

If no, how long have you lived in Washington? \_\_\_\_\_

**Are you claimed on income tax returns by an out-of-state parent?**

Yes  No

**Are you the spouse or dependent of a person in active military status stationed in Washington State?**

Yes  No

If Yes, please attach a copy of the orders and your dependent card.

**Are you the spouse or dependent of an active member of the Washington National Guard, and residing in Washington State?**

Yes  No

If yes, please attach a verification of active status and/or residence in Washington State.

Each  
Community  
College has  
its own online  
Running Start  
Application



# For students taking classes at both JHS & Community College

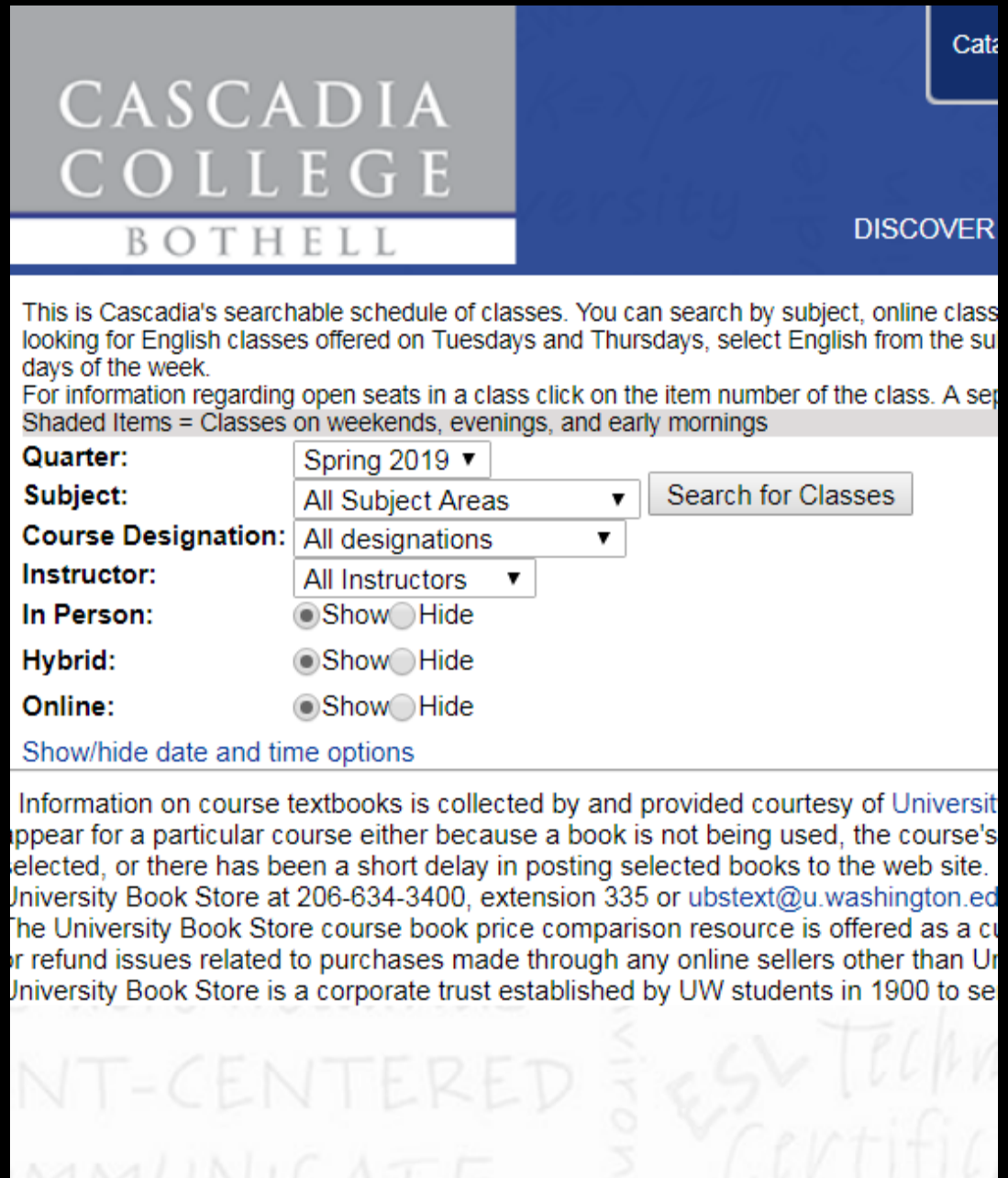
- Check class times to make sure your JHS and Running Start classes don't overlap!!

*You aren't allowed to miss JHS classes if you don't build in enough travel time*

- Make sure you have plenty of time to drive to the Community College after your JHS class/es



Each Community College has a class schedule online. Search this site to see what classes you'd like to take and the approximate times each course is offered.



CASCADIA COLLEGE BOTHELL

Cata

DISCOVER

This is Cascadia's searchable schedule of classes. You can search by subject, online class looking for English classes offered on Tuesdays and Thursdays, select English from the su days of the week.

For information regarding open seats in a class click on the item number of the class. A sep Shaded Items = Classes on weekends, evenings, and early mornings

**Quarter:** Spring 2019 ▼

**Subject:** All Subject Areas ▼

**Course Designation:** All designations ▼

**Instructor:** All Instructors ▼

**In Person:**  Show  Hide

**Hybrid:**  Show  Hide

**Online:**  Show  Hide

[Show/hide date and time options](#)

Information on course textbooks is collected by and provided courtesy of University appear for a particular course either because a book is not being used, the course's selected, or there has been a short delay in posting selected books to the web site. University Book Store at 206-634-3400, extension 335 or [ubstext@u.washington.edu](mailto:ubstext@u.washington.edu). The University Book Store course book price comparison resource is offered as a cu or refund issues related to purchases made through any online sellers other than Ur University Book Store is a corporate trust established by UW students in 1900 to se

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ESV Techn

CERTIFIC

**Everett Public Schools**  
**Meeting Graduation Requirements through Running Start**  
**for Classes of 2018-2021**

High School Course	Edmonds CC Course	Everett CC Course	Cascadia College Course	Shoreline CC Course
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**NOTE: All Running Start students are required to complete the High School and Beyond Plan survey in Naviance (May/June of senior year). See your high school counselor for details.**

<b>English</b>	
9 <sup>th</sup> Grade	<ul style="list-style-type: none"> <li>➤ For all English course work at school credit.</li> <li>➤ <u>English 101</u> is required of all English graduation requirements deficiencies.</li> </ul>
10 <sup>th</sup> Grade	
11 <sup>th</sup> Grade	
12 <sup>th</sup> Grade	

**Use this form to figure out what classes equal what types of credit!**

<b>Math</b>				
<i>Algebra 1*</i>	Math 077	Math 091	Math 075	Math 070
<i>Geometry*</i>	Not offered	Math 095	Not offered	Not offered
<i>Algebra 2*</i>	Math 087	Math 099 (or Math 091 + 092)	Math 095	Math 098/Math 099
Pre-Calculus	Math 141 + 142	Math 141 + 142	Math 141 + 142	Math 141 + 142
Calculus	Math 151	Math 151	Math 151	Math 151

\* Is a *High School Level* class – Will not count for college credit, will not be covered by Running Start tuition, and will earn only a maximum of 0.5 Math credit at high school. At least 3.0 High School credits of Math are required for graduation. The Calculus class listed equals only one quarter of the college Calculus series.

**Science\*\***  
 \*\* At least 1.0 High School credit must be lab science, and 2.0 credits total are required for graduation. Lab Science courses taken for science requirement must be at least 5.0 college credits. Most Colleges/Universities require a minimum of 2.0 lab sciences for entrance.

<b>Health</b>	Health 100 or Nutrition 101	PEHW 203 or Nutrition 101	Nutrition 101	Nutrition 101 or 188
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<b>History</b>				
World History☀	History <b><u>118 (Required)</u></b> , 117	History <b><u>112 (Required)</u></b> , 111	History <b><u>128 (Required)</u></b> , 126, 127	History <b><u>118 (Required)</u></b> , 117
US History♦	History 146, 147, 148	History 146, 147, 148	History 146, 147, 148, 150	History 137, 146, 147, 148
Government	Political Science 202	Political Science 202	Political Science 202	Political Science 202
Washington State	History 214	History 214	History 214	History 214

☀ World History: Students need to complete ONE course only to fulfill the World History requirement.

♦ US History: Students need to complete ONE course only to fulfill the US History requirement.



- Senior Quantitative Requirement:
  - Check with your JHS counselor, NOT the College, about what Running Start Classes meet the Senior Quantitative Graduation Requirement



# English Info



- College English 101 MUST be completed to earn Junior English graduation requirement
- College English 101 & 102 must be completed to meet both Junior and Senior English graduation requirement
- English 101 is required if only doing R/S Senior year








# History/Social Studies Info

- **World History:** Must take one course to meet the 1.0 WH High School requirement.
- **US History:** Must take one course to meet the 1.0 U.S. High School requirement.
- **Government:** Must take the equivalent course to meet 0.5 Government requirement  
*The 5.0 College credit course will be split into 0.5 Gov't credit & 0.5 Social Studies Elective credit*



# College & Career Readiness Seminar CCRS:

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- Changes can vary at the Community Colleges as to what meets CCRS:
    - JOBDV 130 College and Career Success or STEM 101: at **Edmonds CC**
    - College 101: College Success at **Everett CC**
    - College 101: College Strategies at **Cascadia**
    - No equiv. course offered at **Shoreline CC**
- 
- 



**STEP #3 : MEET WITH YOUR HIGH SCHOOL COUNSELOR**

**Running Start Enrollment Verification Form**

**Student**

Student Name: \_\_\_\_\_  
 Last Name First Name MI  
 Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Email Address: \_\_\_\_\_ SSID#: \_\_\_\_\_  
 Responsible Parent/Guardian: \_\_\_\_\_  
 College: \_\_\_\_\_

Check if this is a revision  
 New Student  
 Returning Student  
 Student Enrolled in Multiple Colleges  
 Spring Quarter Eligibility Adjustment Form (SQEAF) attached

**High School Counselor/Running Start Advisor**

School Yr: \_\_\_\_\_ Semester \_\_\_\_\_  
 High School: \_\_\_\_\_  
 Grade Level:  \_\_\_\_\_  
 For the college term \_\_\_\_\_  
 equaling \_\_\_\_\_  
 Student may register for college courses \_\_\_\_\_  
 Comments: \_\_\_\_\_

**THIS IS AN EXAMPLE OF THE ENROLLMENT VERIFICATION FORM**

**A NEW UPDATED FORM FOR THE 2018 – 2019 ACADEMIC YEAR WILL BE AVAILABLE MID – MARCH.**

**CHECK THE RUNNING START WEBSITE IN MARCH FOR THE PROPER FORM.**

(Go to [edcc.edu/runningstart](http://edcc.edu/runningstart). On the right side of the page click "Resource Library," Under "Forms" look for the "Enrollment Verification Form 2018 – 2019).

Running Start Funding Limit Table				
Enrolled High School	Tuition-Free College Credit			
	Weekly Minutes*	FTE	Max FTE	Max Credits
0-307	0.00-0.20	1.00	15	
308-412	0.21-0.27	0.93	14	
413-502	0.28-0.33	0.87	13	
503-607	0.34-0.40	0.80	12	
608-712	0.41-0.47	0.73	11	
713-802	0.48-0.53	0.67	10	
803-907	0.54-0.60	0.60	10**	
908-1,012	0.61-0.67	0.53	8	
1,013-1,102	0.68-0.73	0.47	7	
1,103-1,207	0.74-0.80	0.40	6	
1,208-1,311	0.81-0.87	0.33	5	
1,312-1,402	0.88-0.93	0.27	4	
1,403 or more***	0.94 or more***	0.20	3	

**Recommended Running Start Classes:**

College Course (Dept. & Number)	# of College Credits	High School Equivalency	# of HS Credits
	=		
	=		
	=		
	=		

Signature of High School Counselor \_\_\_\_\_ Date \_\_\_\_\_  
 Signature of College Running Start Advisor \_\_\_\_\_ Date \_\_\_\_\_  
 High School Counselor Printed Name \_\_\_\_\_ Phone Number \_\_\_\_\_  
 College Running Start Advisor Printed Name \_\_\_\_\_ Phone Number \_\_\_\_\_

**Student & Parent/Guardian**

I understand that:

- The student is responsible for understanding when his or her choice of schedule will result in tuition charges. If the student enrolls for more high school and college credits than are identified in the Running Start State Funding Limit Table, the student is responsible for:
  - paying all college tuition and fees associated with exceeding the college credits identified in the table; or
  - withdrawing from the excess college or high school course(s).
- The student is required to pay any class/lab fees charged for college classes.
- Enrollment in specific college classes cannot be guaranteed – even if the classes are needed to fulfill district high school graduation requirements.
- If the student begins Running Start in winter or spring term, eligibility for the previous term(s) that year is forfeited.
- To add/withdraw from a course, the student must complete the college Add/Drop process by the college deadline and notify the high school counselor.
- The student is responsible for ensuring that college courses completed as part of the Running Start program will meet high school graduation requirements.
- If the student plans to transfer, it is the student's responsibility to determine college admissions policies/deadlines and whether credits will transfer.
- The student gives permission for college staff to release his/her grades to the high school and to discuss various aspects of his/her program participation with the high school/district officials.

I acknowledge that I have read, understand, and will comply with the conditions of Running Start participation and the expectations of college course enrollment.

Student Signature (REQUIRED) \_\_\_\_\_ Date \_\_\_\_\_  
 Parent/Guardian Signature (REQUIRED) \_\_\_\_\_ Date \_\_\_\_\_



Once you meet placement eligibility for Running Start, choose your courses (JHS requirements & College pathway) and fill out the RS Enrollment Verification form (ALSO available electronically)

**Send your form electronically or make an appointment with your JHS Counselor to complete their portion of the RS Enrollment Verification form.**

**\* All Community Colleges use the same form.**



# Counseling webpage links

PUBLIC SCHOOLS

## Henry M. Jackson High School



CONTACT



EMPLOYMENT



LUNCH MENU



GRADES & MORE

OUR SCHOOL

OUR STAFF

PARENTS

STUDENTS

COUNSELING

LIBRARY



Parent Resources

- ★ PE Waiver Form
- ★ Pyramid of Intervention
- 📄 Registration, Credits & Course Planning
- ★ Running Start
- ★ Student Volunteer Options
- ★ Summer School: 2019
- ★ Transcripts

Below are other helpful documents and websites to help you plan your Running Start experience:

[Enrollment Verification Form 2018-19](#) *(students complete this form each quarter)*

JHS Running Start [Checklist](#)

JHS Running Start [Signature / Agreement Form](#)

JHS Running Start [Planning Form](#)

JHS Running Start [HS/CC Course Chart](#) *(last updated 3/13/19)*

Cascadia College Running Start Info [Webpage](#)

Edmonds Community College Running Start Info [Webpage](#)

# Important information:

- All courses taken are placed on your permanent High School ***and*** College transcripts *(even if you fail or withdraw)*
  - *Advice: Do not enroll in Running Start if you are not committed to earning B grades or above on a college transcript*
- While at college, you are subject to ALL college policies & procedures
- If your college GPA drops below a 2.0 you will be placed on academic probation.
- Not all colleges/universities accept Running Start credits for transfer!! *(check with the colleges in which you are interested!)*





# Some Strengths

*As noted on the EdCC Running Start Webpage*

- **Class choice** - Students have an increased opportunity to take courses that may not be offered at JHS, including advanced level courses, and vocational/technical courses.
- **Early start**- This experience can be helpful in making the transition from High School to College, and in making future educational plans.
- **Students of all ages**
- **Educational setting**- Students who find that High School is not meeting all their needs may benefit from a different educational setting.
- **Tuition heavily discounted**
- **Participation in High School activities**- Students may continue to participate in H.S. activities



# Some Possible Concerns

*As noted on the EdCC Running Start Webpage*

- **Maturity level/ Socialization-** Some students find the independence and speed of College classes overwhelming.
- **Transportation**
- **Student expenses**
- **Conflicts with High School activities**
- **Schedule-** The College and the High School have different schedules. Students will be expected to attend classes even though College classes may conflict with High School vacations and/or activities. Students are not guaranteed enrollment in any class, even if the class is required for High School graduation.
- **Graduation requirements-** The High School is the final authority on what is required for graduation



# JHS Counseling Webpage

 District Home

Select a School

 MyView

Translate this page



Site Manager

My Account 

My PassKeys



## Henry M. Jackson High School



OUR SCHOOL

OUR STAFF

PARENTS

STUDENTS

**COUNSELING**

LIBRARY



### COUNSELING

- ★ Welcome
- ★ HS & Beyond Family Night
- ★ 8th Grade & New Student Frequently Asked Questions
- ▣ Academic Support
- ▣ College & Career Readiness
  - ★ College Comparison Worksheet
  - ★ College Essay Sample Questions
  - ★ College Search Sites
  - ★ College Testing
  - ★ Financial Aid
  - ★ Income Eligible College Resources

### Running Start

Running start is a partnership between high schools and community colleges in Washington State, and is funded by the state legislature. This program provides high school juniors and seniors with the opportunity to take college-level courses tuition-free.

### 2017-18 Running Start:

Colleges recommend sending applications AFTER April 1, 2018 for Fall Quarter classes. Placement exams can be taken anytime. Exam results need to be turned into your counselor.

### Want to learn more?

Attend one of our after school Running Start Information Sessions held in the JHS Library. Next sessions: February 15, 2018 and March 15, 2018 from 2:10 - 3pm

Click here to view the [Running Start Powerpoint](#)



# General Application Timelines



**Fall Qtr    Mid-March – May**

**Winter Qtr    November**



**Spring Qtr    February**



**It is your responsibility to** check each College website for specific Running Start Application deadlines



Questions??

**Thank you for attending!**

